

Labors' TRUST FUND NEWSLETTER



Health and Welfare • Pension • Apprenticeship and Training • Annuity • Vacation & Holiday • LECET

V14N2 2020

Re-Opened July 1, 2020

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Aloha,

To protect our employees, clients and community, Pacific Administrators, Inc. (PAI – Trust Fund Office) has been providing service by phone and electronically and will continue to do so.

On Wednesday, July 1, 2020, PAI re-opened its office by appointment only, subject to health questionnaire, to service the public during regular business hours, 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).

Considering recommendations and guidance from the Centers for Disease Control & Prevention (CDC), the Hawaii State Department of Health and other government sources, the following precautions have been implemented to provide the safest possible environment for our employees, visitors to our office and clients.

- Office visits for personal assistance will be by appointment only to comply with social distancing. Please call us at (808) 441-8600 to schedule an appointment.
- As an alternative to mailing in, a locked drop box near our main entrance doors will be available for document drop off when an appointment is not needed.
- If possible, please visit our office by yourself. If you need someone to accompany and assist you, please limit to one person.
- Restrooms will not be available for use unless it is an emergency.
- Building guidelines limit two persons per elevator and require face masks and social distancing.
- When you arrive at our office, please do the following before entering:
 1. Review the health questionnaire posted outside our office.
 2. Contact our Receptionist using the intercom.
 3. Confirm with the Receptionist your health questionnaire answers. If you answer "Yes" to any of the questions, office entry will **not** be allowed, and you will be instead be serviced by phone or electronically.
- While in our office, please do the following:
 1. Bring with you and wear a mask to be serviced.
 2. Wait in the designated areas until called for service.
 3. If not receiving service at the windows, see the Receptionist to check your temperature with a contactless thermometer. Your temperature must be **below 100.4 degrees** Fahrenheit to be serviced in person, otherwise, you will be instead be serviced by phone or electronically.
 4. Use only the designated pens and clipboards.
- Our employees will wear personal protective equipment when servicing you and disinfect public areas daily.

A copy of this notice along and related health questionnaire is also available for viewing at the following link: <https://www.pacadmin.com>

If you have any questions, please contact PAI at (808) 441-8600, or email us at the following link: <https://pacadmin.com/contact-us/>
Also available are:

- For participants and employers: www.hilabtrustfunds.com for additional trust fund information
- For participants: Interactive Voice Response system, available 24 x 7: 1-855-773-8258

Take care, be safe and stay informed! Please refer to the sites below for resources regarding the coronavirus:

- Hawaii State Department of Health (<http://www.health.hawaii.gov>)
- CDC Situation Summary (<https://www.cdc.gov/coronavirus/2019-nCoV/summary.html>)

Mahalo and Aloha,

Pacific Administrators, Inc. (PAI)
Trust Fund Office
1440 Kapiolani Blvd., Suite 800
Honolulu, Hawaii 96814
Tel: (808) 441-8600
Fax: (808) 441-8755

Vacation & Holiday Fund

To see if you are on the list of unclaimed vacation checks, visit the Hawaii Laborers' website at www.hilabtrustfunds.com.

At the home page, select Vacation & Holiday, then click on the downloads link. Under the Misc. section, there is a link to the unclaimed vacation checks list.

Note: You will need Adobe Acrobat Reader to view the list.

Should you have any questions, please contact the trust fund office at 1-808-441-8600, or for neighbor islands, call toll free at 1-888-520-8078.

Disability Benefit Reminder

If you become disabled and unable to work due to an illness or injury, the following are benefits that you may be eligible to receive provided that the disability commenced while you were eligible under the Hawaii Laborers' Health and Welfare Fund:

1. Temporary Disability Insurance (TDI). For a non-occupational accidental bodily injury or sickness, which disables you and prevents you from engaging in your occupation, you may be eligible to receive a weekly benefit of 58% of your average weekly wage.
2. Disability credits. If you become disabled and unable to work, you may not have the work hours needed in a given month to continue your coverage. Disability credits will be applied to your account to help maintain your eligibility so you do not lose your coverage. To receive this benefit, a Disability Certification form must be received by the trust fund office no later than (45) days from the date of injury or illness. Disability credits may be afforded even if the injury or illness is work-related.

Note: For a work related injury or illness, see your employer to inquire about benefits under Workman's Compensation.

For further information related to your disability benefits, please contact the Member Services Department at 1-808-441-8700 or for neighbor islands, call toll free at 1-888-520-8078.

Retiree Benefit Information

Health & Welfare Fund - Retiree Benefit Information

If you are eligible, you and your eligible dependents are entitled to the following benefits:

- Medical & Prescription Drug Coverage
- Dental (Member and Spouse Only)
- Hearing Aid Benefits
- Vision Benefits
- Life Insurance Benefits
- Wellness Program Benefits

Call the Administrator's Office at 808-441-8700 for more information regarding these benefits.

Trust Fund Reminder

PLEASE CALL THE TRUST FUND OFFICE

RIGHT AWAY WHEN YOU...

- Change your address or phone number
- Have a newborn baby or adopt a child
- Get married or divorced
- Change your beneficiary information
- Have a death in your immediate family
- Become disabled and unable to work



To make changes to your Health and Welfare records, specific forms must be completed and submitted to our office by specific due dates. **Failure to meet such due dates may affect your coverage and/or coverage for your dependents.** Please don't delay and call our office right away so you can meet the required deadline!

TRUST FUND OFFICE – MEMBER SERVICES DEPARTMENT
1-808-441-8700, or for neighbor islands, call toll free at 1-888-520-8078.



Today I talked to a dear Kupuna friend of mine who is 85 years old. I asked him, "Have you ever experienced anything like this in your life time?" He answered, "Yes, it was called World War II. But, that only lasted a couple of months, where we had to shelter in place and couldn't get out." I then asked him to tell me more and he said, " we got through it all by having lots of O'hana come stay with us afterwards, we once had four families living with us... we all stuck together after,... we supported each other., I asked in what way and his response was, " emotionally and spiritually.. . we got through it together." In other words they gathered... and he finished with, "but we can't do that now, we just can't do that now".

It is a sad time for us.

It is natural, especially in Hawaii, to want to be with our O'hana and our friends. We get emotional support, have fun and feel a sense of normalcy; it feeds our spirit to be with the ones we laugh with and cry with; the ones we love and who love and support us. The medicine that cured our many ails of the human condition has now become dangerous and even discouraged. We have to fight our natural instincts to stay away from large crowds, to not hug aunties and uncles, hold our cousin's babies close to us, shake hands or give hugs at church; it is not natural and it is causing us pain and suffering.

On the other hand, it could make us very ill if we gather in large crowds and don't stay 6 feet away from each other and wear masks if that isn't possible. It is now "required to wear a face mask [or covering] in most public settings, including on the city bus, when visiting businesses or ordering from the drive thru... [And includes] a supplemental proclamation... [from Gov. David Ige that masks or face coverings are required] ...while in essential businesses or while waiting to get inside...masks are not required in banks or at ATMs, and for those with pre-existing health conditions [that make it too difficult to breathe like asthma, COPD, lung cancer etc.], children under 5 years old and for first responders [under certain conditions]" (Hawaiinewsnow.com).

Since the recent rise in numbers of positive cases, Lt. Gov. Josh Green has asked us once again to limit our social gathering to groups of ten or less and to maintain physical distance of 6 feet (approximately 2 arm's length from each other) when we do gather.

One thing we have now that we didn't have then, when my Kupuna friend was a boy, is technology. Although we can feel overloaded with that, we have a chance to face time, skype, zoom, talk, text, email, message each other, and in other words: connect. We can also check in on our sick or elderly friends, bring them food, flowers, cards and letters. Connect. Finding ways to help each other through this is actually a way to help ourselves. Mostly it is critical to remember that this is temporary and this too shall pass.

Not knowing when and not knowing how and not knowing what will change in the meantime is heavily weighing on each and every one of us. That fact is causing mental health issues and mental illness to rapidly go on the rise. Please know that there is help for you if you feel suicidal, contact the suicide hotline 800-273-8255 or text TALK to 741741. Domestic abuse is also on the rise. If you are unable to speak safely due to domestic violence, you can text (605) 956-5680 to chat with a helpline specialist Monday through Friday from 8:00am until 5:00pm or call (800) 690-6200 during the same hours. There is also a local Mental Health Crisis Hotline available to you 24 hours a day/ 7 days a week: on Oahu call 832-3100 and outer islands can call: 1-800-753-6879. Your plan does cover mental health visits and many providers are doing telehealth or over the phone visits at this time. I can assist you in finding a provider if you need help. The most important thing is to reach out if you are feeling depressed, anxious or overwhelmed or your life is in danger. I too am available to answer questions or provide support and you can call or text me during and after normal business hours @ (808)342-5249.

Mahalo and God Bless.

Nurse Donna

